



Riding At The Speed Of  
Fun Since 1977

## The Cue Sheet May 2019

### Elmhurst Bike Club's Monthly Newsletter

#### Inside This Issue:

- + President's Message: George Pastorino
- + Editor's Note
- + Update Your Emergency Contacts: Shelly Hicks
- + CPR & First Aid Training: Stephanie Gutzmer, Guest
- + Join The EBC Bike MS Team: Kelli Morgan
- + Group Riding Tip
- + Paris-Brest-Paris: Dawn Peich
- + Our Sponsors
- + Contact Us

See your words in print!  
Submit your photos and  
articles, in Word, by the 20<sup>th</sup>  
of the month to:

[Newsletter@elmhurstbicycling.org](mailto:Newsletter@elmhurstbicycling.org)

**Next Meeting:** May 9<sup>th</sup>,  
7:15PM

**Thursday, June 11<sup>th</sup>,  
6:00PM.** CPR & First Aid  
Training With Certification

## President's Message

Greetings EBC Members!

May is here at last, at least that is what the Calendar says but we have 2 snowstorms in the few weeks! Oh well....that's Spring in the Chicago area! Pussanee and I sincerely hope that you had a wonderful Easter with family and friends.

April was great month in EBC! We had more than 120 events listed on our calendar....that easily makes us the most active club in the area so early in the riding season. This is a credit to our awesome ride leaders!

April brought another opportunity for community outreach and our club members did not disappoint as EBC cleaned up the Prairie Path in Villa Park and Elmhurst....25 unselfish members gave up their Saturday morning to give back to the community. Great job by Hope and Mike Haberer running the cleanup....EBC giving back and serving a cause other than our own makes me a proud President.

The May club meeting will be Thursday the 9<sup>th</sup> at 7:15PM at The Elmhurst Community Bank, 330 W. Butterfield Road, Elmhurst, Illinois. The Board Meeting precedes the regular meeting at 6:15pm and all are welcome to attend. All members and guests are encouraged to come and keep up with club happenings and socialize with your fellow members. George Hardwidge, our EBC Safety Director will be our featured presenter. George will have information that will help us all stay safe.

Don't forget to register for The CPR/First Aid Course run by Save a Life. You can read about it and register here: [Registration and Info Save a Life](#)

That's all I have for now...see you all soon on the road or trail riding at the speed of fun!

George Pastorino

President

## Editor's Note

Thank you to this month's contributors, we have a lot of good reading. Please submit articles in Word by the 20<sup>th</sup> of the month for publication.

I had the pleasure of riding with Pravin and a hardy group on the St. Charles hill training ride. The winds that day were strong, pushing us from the side at times, and also proving a challenge as we rode into them.

As we ride into Spring, check your bikes, bring them in for a tune up if you need to, and if you are feeling achy after a ride, consider getting refit on your bike. A few adjustments might be in order.

## We Need Your Emergency Contact Information!

### By Shelly Hicks

Spring is here and our riding season is about to be in full swing. Although we never anticipate anything happening to us while we are out on our bike, the reality is we never know. Accidents happen and are always unexpected.

**Please take a minute and update your emergency contact information on our EBC website.**

Emergency Contact information was not transferred from our old website to Club Express, so for most members this information is blank.

### Don't put this off...DO IT NOW IN FOUR EASY STEPS

Step 1: Log on to EBC website, click drop down arrow by your name,

Step 2: Click PROFILE

Step 3: Click ADDITIONAL MEMBER DATA

Step 4: Complete Emergency Contact Info

An emergency contact list is one of those "just in case" things you don't want to have to use, but you should have ready and updated. Readily available contact information can be a lifesaver in the event of a medical emergency. The names of all the people you would want contacted should be listed, together with their phone numbers and their relationship to you or your family members.

In an emergency situation you may not remember a phone number or be able to provide one. You or the medical staff may need to contact family members. Your emergency list should include anyone who needs to be notified. This list shouldn't be limited to family members.

Please include those people who **you do not ride with** on your local rides. If they are injured too, EBC and medical staff may need to contact another family member.

Should you need your password reset, please email me at [shellyebc@gmail.com](mailto:shellyebc@gmail.com)

## Special Offering: First Aid & CPR Training In June

EBC has partnered with Save-A-Life Inc. to provide club members discounted first aid and CPR training and certification. This class will be held instead of our club meeting in June, at 6:00PM – 9:00. More details are on the Ride Calendar.

Ride Leaders are highly encouraged to take the course.

You can learn more about Save-A-Life here: <https://savealifeinc.net/>

Our instructor will be Todd Gutzmer. Todd has been a career firefighter and paramedic in Villa Park for 8 years. He has been a certified American Heart Association CPR/First Aid instructor for 6 years.

He is passionate about teaching because he has seen the positive impact bystanders can have on survival. Todd enjoys giving students the confidence to know what to do when an emergency occurs.

Sign up is available through the club site, with a handy payment button.

June 7<sup>th</sup> is the last day to register.

*Preregistration And Payment Are Required.*

[https://www.elmhurstbicycling.org/content.aspx?page\\_id=0&club\\_id=695056](https://www.elmhurstbicycling.org/content.aspx?page_id=0&club_id=695056)

## **Why Do I Need To Know First Aid And CPR?**

**By Stephanie Gutzmer**

Accidents happen when you least expect it. Whether they are minor or major, you may not always be in a position to ignore it. Choosing to be a bystander may make an unfortunate situation downright catastrophic. Wanting to help, but not having the knowledge or ability, can be frustrating. That is why it is important to have basic knowledge in first aid and CPR.

At a minimum, first aid and CPR is the initial assistance given to a victim until professional medical assistance can be provided. Successfully applying basic first aid techniques and/or CPR requires little knowledge and can be completed by almost anyone.

First aid and CPR are invaluable, it allows you to comfort and help someone who is injured until help arrives. You never know when an emergency will happen and who will be affected.

It is hard to underestimate the importance of being capable in an emergency situation. The biggest benefits are:

- Life-saving skills that give you the ability to help in a variety of emergency situations.
- You can help improve victim comfort, potentially prevent death, and you have the skills to prevent the situation from becoming worse.
- Creates confidence and willingness to respond in an emergency situation, because you have learned and had the ability to practice in a non-stressful classroom environment.

### **Should I Learn CPR and First Aid?**

Cycling has its risks. It makes sense that any cyclist should learn first aid and CPR. No matter how careful you are, accidents can happen. Know how to respond. Know what to do. Be that rider.

### **What will I Learn During Basic First Aid and CPR Training?**

During a first aid and CPR course you are taught how to deal with situations when a victim *needs immediate attention to prevent severe complications or death*. Examples are heart attack, stroke, heat exhaustion, severe bleeding, and cessation of breathing. You will also learn when initial treatment is crucial to improve healing outcomes, like broken bones, frostbite, road rash, stings, bites, and burns.

During a training course, you are taught how to deal with these and numerous other situations effectively. You not only focus on first aid procedures, but also how to overcome inhibitors to helping in an emergency situation.

### **Knowledge Is Power**

Accidents can do and will happen. However, you do not have to be uncertain or fearful when faced with an emergency. Don't rely on others to act. Take the steps to be capable yourself. First aid and CPR don't just facilitate recovery. They help save lives. Taking the training is like tuning up your bike for the season. You are preparing for the best possible outcome of every ride.

Turn to Save-A-Life if you are in the Chicagoland area for on-site education for your club or company.

<https://savealifeinc.net>

# Bike MS 'Tour des Farms'

By Kelli Morgan, EBC Team Captain



Join me, Kelli Morgan, Team Captain, and the rest of our EBC Team to participate in the Bike MS "Tour des Farms" Ride June 22nd and 23rd. We invite all members and their families to sign up to ride or [volunteer](#) to support this ride.

Many people have stories and reasons for why they participate in this ride. My story is my Mom, Jackie. Mom was diagnosed with Multiple Sclerosis (MS) in the early 1980's. Without the medicine and treatments that research has developed, and she has benefited from, she would not be enjoying her life today. She is 84 years old now.

Register using TeamUp for 15% off \* Use this [Registration link to Donate or Join our Team as a rider or volunteer Elmhurst Bicycle Team Link](#)

Already riding are on the EBC Team are:

- Gerald 'Jerry' Seiden
- Robert Weiss
- Sam Gunda
- Karen Lecker
- Nick Lecker
- Ken Vos
- And me, Kelli Morgan, Team Captain

Other EBC members will ride, but are on other teams. To get Club miles, please let me know the day of the ride how many miles you did so they will be logged correctly.

Bike MS is the fundraising cycling series of the National MS Society. It raises more money than any other cycling event for any other cause. To date, Bike MS cyclists, volunteers, and donors have raised more than \$1.3 billion to stop MS in its tracks, restore what's been lost, and end MS forever.

## Ride Information:

This is a ride that offers 35, 50, 75 and 100 on Saturday and 35, 50 and 75 miles on Sunday. All of these miles at your own pace. We start and end at Kane County Fairgrounds.

- Take advantage of the open roads of the west, at a location easy to access from DuPage County and Chicagoland.
- Camp, stay at a hotel or drive back and forth to the comfort of your home.
- Food is included for Saturday & Sunday breakfast, lunch and dinner.
- SAG support at this ride is wonderful
- Music and entertainment after the Saturday ride with food and beer!



Whether you ride to support MS Research, to meet personal goals or just to make some new riding friends, you will not be disappointed. The weekend is always fun!

You will need to register for the ride and there is a minimum of \$300 which all goes to MS Research.

\* Register using TeamUp for 15% off \* Use this [Registration link to Donate or Join our Team as a rider or volunteer Elmhurst Bicycle Team Link](#)

Please email me at [5morganpk@gmail.com](mailto:5morganpk@gmail.com) if you would like more information on the ride, have ideas for fundraising, or would like to get more involved. I will be using EBC rides to train so I am happy for you to join me. You can also find more information at:

[http://main.nationalmssociety.org/site/TR?fr\\_id=29358&pg=team&team\\_id=536909](http://main.nationalmssociety.org/site/TR?fr_id=29358&pg=team&team_id=536909)

## Indiana Dunes National Park Club Hike March 23,2019

By Baltimore Ortega



We now live by a National Park! On March 23rd, 26 EBC Members and guests were part of a fun and historic moment. We were on the first posted EBC hike at the Indiana Dunes National Park, the 61st national park! At the Visitors Center, Ranger Bill gave us a great presentation about the new National Park, and how it developed. We watched two videos about the dunes and then drove out to the Cowles Bog North Trailhead. In the parking lot, we heard fifteen or so Sand Hill Cranes migrating North, and looked up to see them flying in a V formation.

The weather was wonderful, sunny and mild all day, and the trails were dry and enjoyable. George Pastorino did a great job leading us on the Cowles Bog Trail out to the Greenbelt Trail, and back to the Cowles Bog. Pussanee Pastorino was the Sweep. We stopped at the midpoint to talk about the University of Chicago professor Henry C. Cowles, a botanist who studied how plants and trees grow on sand dunes; he called this process, Plant Succession. The trail was named after him, and is mostly hard sand with plants and shrubs, with plenty of oak trees and some pine trees; it was sandy on the hills near the beach and on the shoreline.

We hiked gradually up to the far point and top elevation. From the top of the hill we observed Cowles plant succession and looked out at the spectacular view of the Lake, beach, grass, and trees. Then we walked carefully down a big sand hill dune and out to the Lake Michigan beach along the shoreline, where we found a big log to sit on and took our food snack/water break. We could see some of the buildings from the Chicago skyline, ...and we could hear the calm and soothing sounds of the waves washing ashore.



You could feel the peace and calm of being with Nature. We continued back to the woods, and up our toughest hill; it was a tough hill that extended up. George and I were concerned, but we had a good group, and everyone was able to hike all the way up. The rest of the trail back was easy. Animal sightings included Sand Hill Cranes, a Blue Heron, an Eagle, and more.

This was one of the best events George and I have led. It was great because we had a great group of hikers, who worked as a team. We thanked our outstanding group for hiking well on all of the trails, being friendly, and for being a little rowdy. It was a memorable and fun day. After the hike, we went to Baltimore's house in Valparaiso, Indiana for a nice social food party with sandwiches, appetizers, donuts, and some home cooked Mexican food, ...all served with various beverages.



A special thank you to George and Pussanee for doing such a good job. And, to all the hikers who joined us, thank you for making the day special. Homer, Ann, Chuck, John, Dan, Chuck, Shirl, Steve, Bill, Karen, Pravin, Bruce, Brian, Rebecca, Annette, Ed, Ernie, Nick, Karen, Larry, Eileen, Ali, Ron.

DUNE INFO: Octave Chanute, an engineer and aviation pioneer, tested his gliders in the Miller Beach area, near the site of our hike. The Wright Brothers contacted him for advice and favored his double wing glider for their plane. Chanute visited them several times, and offered support and advice in the early years. He is the one who advised them to test their planes in a South Carolina Beach area with sand dunes and wind (like the Indiana Dunes.)

If you combine both the Indiana Dunes National & State Park(2017), they rank in the top 10 of all Park Service parks for visitors, just below Yellowstone. It also ranks seventh in biodiversity of all 400+ National Park Service units.

In the early 1900's a group of top scientists came to study in the USA for two months. They could only pick four locations to study biodiversity. They chose the Grand Canyon, Yellowstone, Yosemite,...and the Indiana Dunes.

## **Group Riding Tip**

### **Denise Kolden**

Do not "half wheel" or "overlap wheels" of the bike in front of you. Half wheeling or overlapping is when you let your front wheel overlap the wheel of the rider ahead of you. If the rider in front has to move to the side, your wheels would then touch. This contact may result in you, and possibly others, crashing. Soft pedal, flutter the brakes, change gears as needed to remain behind the cyclist in front of you.



# Paris-Brest-Paris: The Journey Continues

Dawn Peich



A beautiful 2007 green Rivendell Rambouillet came into my possession in mid April 2015 from Bob Booth, a friend of Eric Peterson and fellow randonneur from Madison, Wisconsin. My journey into randonneuring was getting more exciting as it unfolded. I felt like I was riding a Cadillac. The Green Machine weighs in at 38 lbs. with rear rack, panniers and front bag. It truly comforted me on the long rides and absorbed the shock much better than my full carbon road bike (weighing in at 17 lbs.). I was willing to sacrifice the weight for the comfort, recognizing that going past a 300K was uncharted waters for me. Not only was the "Green Machine" nurturing to my body on the rides, she was a beauty to the eye with the beautiful lug work and Honjo hammered and fluted fenders. She is a classic randonneuring bike and I was set with my rando steed to test uncharted territory in the Super Randonneur Series.

## THE QUALIFYING BREVETS

Eric, Rick, Rob and I completed a 200k (124 miles), 300K (186 miles), 400K (240 miles) and 600K (380miles) in a matter of six intense weeks from April to early June with the Great Lakes Randonneurs in Wisconsin. As we finished the 600K, our last qualifying brevet the second week of June, Paris-Brest-Paris (PBP) was within my sight. We were lucky with the weather for 3 out of 4 qualifying brevets. But the 600K we finished to qualify for PBP was brutal. As veteran randonneur and ultra cyclist Rob Schaller said to me, it was one of the most challenging in terms of weather. We rode 380 miles, climbed 16,000 feet and the weather proved to be the 600 lb. gorilla in the room. We left Delavan at 6:00 am with rain, a light wind and 65 degree temperature. The rain would stay with us until about 110 miles into Baraboo, Wisconsin. As we continued to ride the first portion of the 600K, a cold front moved in and the weather continued to deteriorate. The temperature continued to drop from 65 degrees to 38 degrees when we finished the 400K of the 600K at 5:30 am. We arrived in Delevan to sleep for 3 hours and head back out to finish our 200K. The weather was more cooperative for the 200k, no rain to deal with but a heavy wind heading back to Delavan.

I remember coming into Delevan for the last 25 miles, smiling the whole way in...I was bound for Paris. I had completed the Super Randonneur Brevet Series in my first 6 months of randonneuring to qualify for Paris-Brest-Paris. I felt like Charlie in "Willie Wonka and the Chocolate Factory," singing blissfully, "I've got a Golden Ticket....I've got a golden twinkle in my eye...cuz I've got a golden ticket..."

It felt good to ride with a group from the Great Lakes Randonneurs to train for PBP. Eric Peterson, Rick Cosario, Bob Booth and Rob Schaller were instrumental in providing me feedback and mentoring throughout the entire series and for which I am so grateful. Additionally, I had the opportunity to meet so many new cycling friends from the Chicagoland region as well as Minnesota in my brevets in southern Wisconsin.





Heading out to finish the 600K.

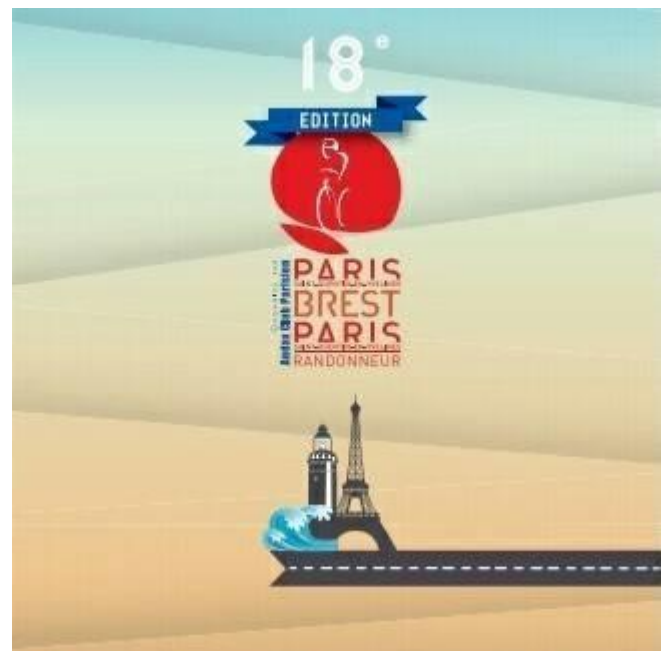


After completing the Super Randonneur series in early June, the goal was then to continue to build on the strength and conditioning bank to be ready for PBP in August. I did a phenomenal week long training event with fellow PBP rider and La Vuelta Puerto Rico friend Catherine LaCrosse called RAINSTORM in Indiana. This week long bike tour consisted of 100 miles/day for 5 days, finishing with a Ride Across Indiana called RAIN (160 miles) on day 6. It was a great intense week of cycling and I highly recommend it for anyone looking train for ultra-distance events. After I completed this in early July, I was focused and getting ready each day for PBP; training my body, my mind and my spirit for pushing myself like I had never done before.

I was waiting patiently for August 16<sup>th</sup> at 8:00PM when my PBP journey would begin. I was ready to roll the dice...

## PARIS

We left Chicago O'Hare International Airport on Wednesday, August 12th 2015 and arrived in Paris four days before the start of Paris-Brest-Paris. We wanted to get acclimated to the time change and prepare for the event. Despite all the planning and preparation, some things are beyond one's control. When we arrived in Paris, one of my bags did not show up. Fortunately for me, my bike and bike clothing all came as expected. The 2<sup>nd</sup> bag that was missing had my 2 sets of lights, my front handlebar bag as well as all of my chamois-undercarriage care ointments. I was hoping this bag would come in time to start PBP. Unfortunately, this did not happen. So I went from having 2 excellent lighting systems that I had trained with (SECA Light-n-Motion 750 Lumens and Dinotte XML-3 Headlight with 1600 Lumens) to a small LED Lenser MT7 light that I purchased from Cycles Laurent in Paris for \$80.00 that would provide me with 220 Lumens on the high setting, powered by 4, AAA Batteries. I was very apprehensive





about this being my only lighting system but my lighting choices at local bike shops in Paris were very limited and not as good. Time was running out for me before PBP began.

Lucky for me, one of my riding partners, Rick Cosario, had an extra small Dinotte light that I was able to use as well. My plan was to use this for the descents that provided me with extra lumens as Rick had limited batteries with him for this light as it was his extra light. I would conserve this battery for when needed and then planned on leap frogging from people to people with better lighting systems on the route. We were starting at 8:00PM on Sunday and starting with less than optimal lighting was a major concern for me. I would have to make the best of it and give it my all despite not having the right lighting. As Greg Silver, a fellow rando from the Great Lakes Randonneurs said to me when I was preparing my bike for the bike inspection, "It's what we do best, improvise and deal with what's been given to us..."

## REGISTRATION

On Saturday, August 15<sup>th</sup> we all headed to pick up our registration packet at the Saint-Quentin-en-Yvelines Velodrome, the official start and finish of Paris-Brest-Paris.

Arriving at the Velodrome Saint-Quentin-en-Yvelines

As Eric, Rick, Rob and I pulled up into the registration line with our bikes and gear, the excitement was palpable in the air. I had my registration card stamped and the Green Machine was already a hit as many French volunteers were commenting on the bike as I heard the following, "Rambouliette....femme....Rambouliette...." I even had one PBP official ask to take a picture of him with my bike, and I was happy to oblige. Additionally, I took pictures with Paris-Brest-Paris officials in my USA gear and USA bling.



The Rivendell Rambouillet bicycles are designed and spec'd by Grant Petersen of Rivendell Bicycles, formerly of Bridgestone USA. These are beautifully built, traditional lugged steel handmade



frames. The significance of my bike being a Rambouillet is that Rambouillet is a beautiful forest, chateau and town west of Paris that we would be riding through during Paris-Brest-Paris. At the velodrome registration, it was amazing to see all of the countries represented and all of the different bikes including tandems, recumbents, velomobiles, single speeds, fixies and even Ellipicals. Blind tandem riders were also present. I also ran into many riders and friends from La Vuelta Puerto Rico. It was so nice to see more friends on this journey. It took us about 2 hours to get through the registration line and I was excited to take in every moment. I had the opportunity to take pictures with fellow riders from all over the world including China, Serbia, Sri Lanka, India, Poland, Greece, Italy, Ireland, New Zealand and Korea. This was the first year any riders from India were at Paris-Brest-Paris, 56 riders were there to represent. China, Russia, USA and Serbia



First Year India Represented at PBP



Randonneurs Polska



With Lucyna Kunc from Poland



Randonneuse Italia

I also took the opportunity to shake every woman's hand that I ran into, knowing that we were in the minority on this ride with less than 300 female riders out of close to 6,000 male riders. I felt privileged to share this opportunity with them. It was more than just cycling to me, and still it always is.

Although there was a language barrier between many of us, the handshake is universal. When we arrived at registration, I remarked to Eric that I really wanted to make sure I took a picture with the Poland contingency at PBP and I was extremely excited when I ran into them. I walked up to them, with my limited Polish dialogue, and said, "Polposki?" They immediately began speaking Polish to me. Thankfully Lucyna Kunc, one of the female Polish riders, spoke fluent English. I told them all



how excited I was to see them as my grandparents came from Poland when they were very young. It is one of my favorite memories at the registration. I even had the ran into a fellow Vanderkitten VIP Gabrielle Friedly from the San Francisco Randoneeurs and we took a photo to share with our Vanderkitten VIP community. The excitement among fellow randonneurs was bursting the roof off the Velodrome Saint-Quentin-en-Yvelines. We all made our way outside post registration to continue to take in the excitement as our RUSA (Randonneurs USA) group photo was taken with the American contingency.

Fellow Midwest rando's from Minnesota, Wisconsin and Illinois began congregating together and offering encouragement to one another, especially giving us virgin PBP participants some key pointers. The next day would be finalizing our gear, resting, and getting ready for our 8:00PM start on Sunday, August 16<sup>th</sup>.

The clock was ticking down to the cycling adventure of a lifetime...





# ELMHURST BICYCLE CLUB

## General Meeting Minutes

April 11, 2019

**Present:** George Pastorino, Ron Richards, Judy Mikesell, Denise Kolden, Kim Messina, Shelly, Hicks, Kelli Morgan

The General Meeting was called to order at 7:15 p.m. at Community Bank of Elmhurst.

**President:**

**Vice-president/Ride Captain:** Show and Go Rides are now back at the 9:00am start time.

**Secretary Report:** Courts Plus Health Fair April 13 and EBC will be there promoting the club and safe cycling.

**Membership Coordinator:**

Total members: 424

Please take a few minutes to update your ICE (In case of Emergency Contact) in your Club Express profile

Meeting attendance: 38 members / 2 guests

**Door prize winners:**

Roberta Rehor – water hydration system – courtesy of Bike MS

Jerry Ringer – phone holder – courtesy of Bike MS

Loren Habegger - \$25 certificate Rudy's Cycle and Fitness

**Tonight's refreshments:** Armaline Mirretti

**Newsletter Editor:** Denise Kolden welcomes your articles, pictures, and riding experiences you wish to share. Diane's son in law is a Fireman and Chief Instructor for Save-A-Life in Villa Park, and is willing to offer a first aid class for bike related accidents and CPR training. In past meetings it was suggested this training would be helpful to club members. The training will be offered to those club members who want training at the June meeting. Diane will advise the cost which can be paid through the Club Express portal.

**Refreshment Coordinator:** Terri Caraballo. A few months are open to volunteer for refreshments.

**Treasurer:** Monthly Banking Summary (dated 1/1/2019 – 5/10/2019): Total income: \$64.00; Total Expenses \$3317.89; Total balance: \$11,097.25

**Awards and Club Attire:** Ron Richards, Judy Mikesell, Armaline Mirretti, and Susan Sperl helped make this evening's award presentation. Thank you!

**Sponsorship:** We had 2 sponsors renew in December 2018, and all 5 sponsors renewed in January 2019.

Thanks to 7 Miles Cycle, Bike Fix INC, The Bike Rack, J&R Cycles, Rudy's Cycle & Fitness, Trek Bicycle Store, and Prairie Path Cycles. Please remember to shop our sponsors and to recommend them when asked by friends, "Where is a good place to go for a new bike?"

**Advocacy Chair:** There have been several petitions being sent via emails from Active Trans, League of American Bicyclists, and Ride Illinois. They all ask us to write our local, state, and federal government officials to support funding for safe cycling or safer pedestrian walkways. Please take a few minutes out to respond to these requests as our efforts will make a difference. The advocacy page on the EBC Club Express website will soon be further developed with updated information and alerts.

**Sargent at Arms:** Sue Hickey.

**Programs:** Should members have any ideas for guest speakers or bike related topics to be presented at our meetings, please contact Vince Gatto.

**Safety Chairman:** no news

**Mountain Bike Coordinator:** Palos is wet. Riding is closed. The 'yellow' flag means it is not safe to ride but you still can. A 'red' flag means too wet – don't ride, and 'green' means – safe to ride. A new beginner's mountain bike club clinic for new mountain bike riders will be held Jun 8 and 9 in Palos. George Pastorino and Baltimore Ortega will be teaching it. Lunch will be provided afterwards by Mrs. Ortega.

**Website/Database Team:** Consistent work continues on the EBC website with lots of innovation that is unique for a bicycle website. Thanks to John Riordan and Lynn Korff for the success of our website. Some of the great accomplishments: Membership Renewal Cycle, Graphic Start Locations, Video Library using mechanisms provided by Google and YouTube, (thanks to George Pastorino and Vince Gatto for the first rate posted videos which are creating a lot of hits to our website) on line apparel store, voting mechanism, photo content (and more to come), continued to add

and refine our headliner pages: Mega links: Bylaws, Ride Leader Responsibilities, Member Miles, etc.. We have provided consultation to outside clubs in getting footing when considering the Club Express platform, and how we implemented our Event Calendar and Notification methods.

**Announcements:** Paint and Sip at Pinot Paint in Elmhurst April 30 at 6:00pm. Proceeds to benefit the EBC Bike Team. Contact Kelli Morgan for more details

**Publicity:** EBC public Facebook page is getting lots of likes, and inquiries on our club.

**Tonight's Program:** EBC Club Award Night!

**The next meeting** will be Thursday May 9, 7:15pm, at the Elmhurst Community Bank, 330 West Butterfield Road, Elmhurst IL 60126.

Respectfully submitted,  
Kim Messina, Club Secretary

**Our Club Sponsors: Right Click On The Image To Open The Link**  
**Shopping at our sponsors is good for our communities.**



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## Contact Us

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BOARD: Ride Captain/Vice President: Ron Richards	<a href="mailto:RideCaptain@elmhurstbicycling.org">RideCaptain@elmhurstbicycling.org</a>
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