



# The Cue Sheet

## The Newsletter of the Elmhurst Bicycle Club Riding Strong in our 41st Year

April  
2018



Elmhurst Bicycle Club is the League of American Bicyclists' 2009 Bicycle Club of the Year for Region 4.

### Our President's Message

Hi EBC'ers!

April has arrived, but we have yet to see much sustained warm weather, but that has not fazed our intrepid members as the schedule has been filled with rides of all kinds. Pravin's Hill training rides are in full swing as well as Vince's Prairie Path night rides, just to name a few. From 5am on, members have many ride options daily and I urge you to take advantage of them. Karen and Bill are still offering Hikes as well!

Now would be a great time to take your bike to one of our great EBC Sponsor Bike Shops for a tune-up, new set of tires or even a new bike, they do a great job and many give members a discount. You can get info on all our great sponsors here: [Club Sponsors](#). We really need to support our local bike shops and not buy everything online, remember you can't get your bike fixed on the internet! Also our Club Sponsors are a wealth of knowledge and can get you the right part or bike for your needs!

Also, as you know, EBC does much more than just ride bikes, we give back to the community and April will bring an opportunity for you to give back. EBC has adopted a 1.1 mile section of the Prairie Path and the first cleanup is scheduled for Saturday, April 14th ((Rain date of April. 15th). Bike ride or drive to Dairy Queen in Lombard after for treats. Please come out and help us.

That's it for now; I look forward to seeing you all on the road or trail.

George Pastorino  
President



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### Annual EBC Picnic

**Reminder - Annual EBC picnic - Saturday, August 11, 2018!!!!**

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### Bike MS Tour des Farms

**By Kelli Morgan, EBC Team Captain**

Once again this year, EBC will be participating in the Bike MS Ride "Tour des Farms" June 23 & 24. We invite all members and their families to sign up to ride or volunteer to support this ride. This is a ride that offers 35, 50, 75 and 100

on Saturday and 35, 50 and 75 miles on Sunday. All of these miles at your own pace.

I have been Captain of the EBC team for a number of years and have been riding this ride for 10 years to raise funds for Multiple Sclerosis Research. My Mom, Jackie, was diagnosed with MS in the early 1980's and without the medicine that the research has provided her with, she would not be enjoying her life today. She is 83 years old.

This year we are excited the ride will move the start to Kane County Fairgrounds in St. Charles. In the past, we started from NIU in DeKalb. We will still be able to take advantage to the open roads of the west but this location will be more accessible to Chicago area.

- \* You will be able to camp, stay at a hotel or drive back and forth to the comfort of your home. We will start and end each day that the Kane County Fairgrounds.

- \* Food is included for Saturday & Sunday breakfast, lunch and dinner.

- \* SAG support at this ride is wonderful

- \* Music and Entertainment after the Saturday ride with Food and Beer!

Whether you ride to support MS Research, to meet your goals or just to make some new riding friends you will not be disappointed. The weekend is always fun!

You will need to register for the ride and there is a minimum of \$300 which all goes to MS Research.

- \* Register using TeamUp for 15% off

- \* Use this Registration link to Donate or Join our Team as a rider or volunteer [Elmhurst Bicycle Team Link](#)

If any questions, please contact me Kelli Morgan [5morganpk@gmail.com](mailto:5morganpk@gmail.com) if you would like more information on the ride, ideas for fundraising or would like to get more involved. I will be using EBC rides to train so I am happy for you to join me.

You can also find more information at:

[http://main.nationalmssociety.org/site/TR?fr\\_id=29358&pg=team&team\\_id=536909](http://main.nationalmssociety.org/site/TR?fr_id=29358&pg=team&team_id=536909)









## Summer Pool Party Dates

By George Pastorino

The pool party events with rides, food, beer swimming, sun and fun, etc - will be on the last Sunday of June, July and August this year. We will cater from Henry Tacos ;)

Dates: Sunday June 24, Sunday July 29 and Saturday August 25

Baltimore Ortega, Vince Gatto, Ed Gin, Chuck Gentile and Pussanee Pastorino will lead a number of road and MTB rides.

All are welcome - come join us!!



## Refreshment Volunteers



**By Donna Busching**

## THANK YOU TO EBC REFRESHMENT VOLUNTEERS!

I want to give a big THANK YOU to the following people who have volunteered to provide meeting refreshments!

MARCH	Cheri O’Riordan
APRIL 12	Chuck Dean
MAY 10	Armaline Mirretti
JUNE 14	Ginny Preston
JULY 12	John Loesh
AUGUST 9	Carmenza Millan
OCTOBER 11	Julia Stace
NOVEMBER 8	Marge Ricke

We still need a volunteer for the SEPTEMBER 13 meeting. To volunteer, just contact Donna Busching at 630-965-4727.

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## Annual Fund Raising Ride Presentations for April meeting

**By Kris Nicoletto**

We will have two presenters during the April 12th meeting for the big annual fund raising rides - one from the American Lung Association Fight for Air Ride (held June 8-10, 2018) and another from the National Multiple Sclerosis Society Bike MS Illinois Ride (held June 23-24, 2018).

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## Meeting Minutes - March

### Board Minutes March 8, 2018

**Present:** Ken Hickey, Kris Nicoletto, Kim Messina, Shelly Hicks, Judy Mikesell, Kelli Morgan

**President:** No news from the George, as he is home recuperating from surgery. Due to his absence there was not an agenda to officially discuss specific items.

**Vice President:** Ken wants to set up pop-up water stations along the Prairie Path, promoting EBC and our rides.

**Membership Coordinator:** Currently there are 420 members. Shelly mentioned that memberships are increasing, but many members are not including ICE (in case of emergency) information

**Treasurer:** Monthly Banking Summary (dated 1/1/2018 – 3/7/2018): Total income: \$2,108.35 Total

Expenses \$2,297.98; Total balance: \$15,112.97

**Secretary:** EBC will be participating in several non-bicycle events, to encourage cycling in our communities. Details to be listed in the list serve and club emails.

**Sponsorship:** no news.

**Newsletter:** Kris Nicoletto - no news

**Website/Database:** no news

### EBC General Meeting Minutes March 8, 2018

**Present:** Ken Hickey, Judy Mikesell, Shelly Hicks, Kim Messina, Kris Nicoletto, Kelli Morgan

The General Meeting was called to order at 7:15 p.m. at Community Bank of Elmhurst.

**President:** George is not present this evening as he is home recuperating after surgery. We wish him a speedy recovery

**Vice-president/Ride Captain:** No news

**Secretary Report:** Several of us are getting involved with some non-bicycling events to promote safe cycling and a 2 mile initiative in our communities. An email will be sent out with more details and events will be listed in the ride schedule.

#### Membership Coordinator:

- Total members: 420

Meeting attendance: 28 members

- Door prize winners:

John Loesch – EBC socks

Ron Richards - \$25 certificate Bike Fix

Tonight’s refreshments: Cheri O’Riordan

**Refreshment Coordinators:** Donna and Gary Busching.

**Publicity:** Kelli talked about the public Elmhurst Bicycle Club Facebook page and the subjects she has been posting, to draw attention to cycling and EBC.

The next Board meeting will be Thursday April 12, 2018 at 6:15pm at Elmhurst Community Bank, 330 Butterfield Road, Elmhurst IL 60126.

Respectfully submitted,

Kim Messina, Club Secretary

**Treasurer:** Monthly Banking Summary (dated 1/1/2018 – 3/7/2018): Total income: \$2,108.35 Total

Expenses \$2,297.98; Total balance: \$15,112.97

**Awards and Club Attire:** Award ceremony is scheduled the April 12th club meeting.

**Sponsorship:** Ginny Preston encourages all club members to shop at our club sponsors, click on their links which can be found on the EBC website. Ken also encouraged bike leaders to include a stop at our club sponsors when planning their rides.

**Advocacy Chair:** no news

**Sergeant at Arms:** Sue Hickey. Send photos to her for entry into our new data base.

**Programs:** Should members have any ideas for guest speakers or bike related topics to be presented at our meetings, please contact Vince Gatto

**Safety Chairman:** no message

**Mountain Bike Coordinator:** no news

**Website/Database Team:** no news

**Announcements:** Kelli Morgan and Donna Busching are heading up teams for Bike MS Ride to be held June 23 -24 at The Kane County Fairgrounds – a new location for this event. Linnea Myers is forming a team for Fight for Clean Air, which will be held in June 8 - 10. Presentations on both charity rides will be at the beginning of next month's meeting, prior to the awards ceremony

**Publicity:** Kelli has created EBC informational flyers to put up at local coffee shops and bulletin boards to invite cyclists to learn more about our club, or come join us for a ride. There is a public EBC Facebook page where general biking articles and invitational rides can be found. Please take a look at it and remember to 'Like it'

**Tonight's Program:** Pravin Patel will present a program on his most recent bicycle trip to the Himalayans. After the presentation, Ken will have a demonstration on posting rides on the new website.

The next meeting will be the Thursday April 12, at 7:15pm at Elmhurst Community Bank, 330 West Butterfield Road, Elmhurst IL 60126.

Respectfully submitted,

Kim Messina, Club Secretary

Please submit articles and/or photos for the newsletter to Kris Nicoletto (knicoletto\_comcast.net). The deadline is the 25th of the month.

### Elmhurst Bicycle Club Officers and Committee Chairs

<b>President</b> George Pastorino, 708.903.8700 president_elmhurstbicycling.org	<b>Advocacy</b> Bob Hoel bob.hoel_comcast.net	<b>Refreshments</b> Donna and Gary Busching, 630.967.4727 dj28724_aol.com
<b>Vice President/Ride Captain</b> Ken Hickey, 630.290.0006 ridecaptain_elmhurstbicycling.org	<b>Publicity</b> Bill Bonner, 630.297.9773 bill_bonnerimpr.com	<b>Safety</b> George Hardwidge, 312.656.6591 ghardwidge_gmail.com
<b>Treasurer</b> Judy Mikesell, 630.833.1036 treasurer_elmhurstbicycling.org	<b>Programs</b> Vince Gatto, 630.832.2133 vcas1_me.com	<b>Sergeant-at-Arms</b> Sue Hickey, 630.627.4518 sue_kensvideo.com
<b>Secretary</b> Kim Messina, 630.204.8945 secretary_elmhurstbicycling.org	<b>Mileage Coordinator</b> John Riordan, 630.833.8201 EBCDB_RiordanArtistry.com	<b>Assistant Ride Captain</b> John Riordan, 630.833.8201 hotline_elmhurstbicycling.org
<b>Membership Coordinator</b> Shelly Hicks, 614.371.0040 membership_elmhurstbicycling.org	<b>Sponsor Chair</b> Ginny Preston, 630.852.8836 ginny-preston_sbcglobal.net	<b>Mountain Bike Coordinator</b> George Pastorino, 708.903.8700 gpastorino_gmail.net
<b>Newsletter Editor</b> Kris Nicoletto, 630.202.3560 newsletter_elmhurstbicycling.org	<b>Website Team</b> John Riordan, 630.833.8201 EBCDB_RiordanArtistry.com	<b>List Server</b> Shelly Hicks, 614.371.0040 membership_elmhurstbicycling.org
		<b>Human Interest Person</b> Betty Bond, 630.932.0271 betzbond_sbcglobal.net

Interested in joining EBC? - [Membership Application](#)

## April 2018 • • • Club Rides

Ride Schedule - The most current ride schedule can be found on our website at: [Ride & Event Calendar](#).

## Please Support Our EBC Sponsors



LANCE HONEYMAN

2930 Compton Hills Rd. • St. Charles, IL 60175 • 630-584-6588  
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