



# The Cue Sheet

The Newsletter of the Elmhurst Bicycle Club  
Riding Strong for over 37 Years

## January 2015



Elmhurst Bicycle Club is the League of American Bicyclists' 2009 Bicycle Club of the Year for Region 4.

### 2015 EBC CROSS COUNTRY SKI TRIP FEBRUARY 1ST - 6TH by George Hardwidge



The days get shorter, colder, gloomier... you know the story. But as you try to get those last few rides of the season in take heart. All is not lost. And all snow is not bad. Especially when it falls in Michigan's Upper Peninsula where some seasons see as much as 200 inches. And yes, it stays white for months. It must be time for the annual EBC Cross Country Ski Trip to the Indianhead Motel and ABR.

This year's trip is Sunday, February 1ST through Friday the 6th. We will be staying at the Indianhead Motel as usual. A little more about Indianhead. The motel is an older economy motel that you might not check out passing by. But this is different. It is clean and well-maintained and everything works. Best of all are the owners, Morgan & Linda who take great pride in making our stay as much fun as possible. Morgan will even lead a snow shoe tour of the city if there is enough interest. And we take over the Grand Ballroom (modest lobby) for daily breakfast, cocktail party, and evening games. Linda will only become violent if there are more than fifty of us in the lobby at one time.

So it sounds like a lot of fun, but you don't cross country ski? Well guess what. A lot of the regulars don't ski either. Some folks hike, snow shoe, or downhill ski as well. And if you want to learn any of these sports, the more experienced folks will be happy to give you some informal lessons.

Our base for skiing will again be ABR which is unsurpassed for having the best-groomed trails and friendliest relaxed atmosphere you will find anywhere in the Midwest. Check out their website <http://www.abrski.com>.

Now is the time to sign up for the 2015 trip as Indianhead will fill up fast. We had over fifty people the last two years and thirty-four are signed up for 2015 as of early December. The package rate is \$240.00 per person for two or more in the room and \$340.00 for single rooms. That includes the tax and that rate is for 5 nights of lodging, continental breakfast, \$10.00 per person per day dinner credit and cross country trail passes for 5 days.

Make your reservation by calling Indianhead at 906 932 2031 or <http://indianheadmotel.com/>. Then email George Hardwidge at [ghardwidge@gmail.com](mailto:ghardwidge@gmail.com) with the following information: name, email address, phone, early (6 p.m.) or late (7 p.m.) dinner choice, interest in car pooling.

## Elmhurst Bicycle Club Donations for Bicycle Advocacy By Tom Preston

Tom Preston was appropriately handing out thanks during and after the EBC Christmas Party. Kim Messina, EBC Secretary, received a 'super big' thanks for planning and arranging a spectacular party. It was a great venue, with tons of really good food. Thanks also went out to Bob Hoel, EBC Advocacy Chair for arranging with Nancy Wagner, Suburban Outreach Manager of Active Transportation Alliance, and Ed Barsotti, Executive Director of the League of Illinois Bicyclists, to attend our party and pose for photos. Tom also passed along a [link to an article](#) that appeared in the Patch, but it is reproduced below in its entirety.



Nancy Wagner and Bob Hoel!



Bob Hoel, Betty Bond, and Ed Barsotti!

"During the Elmhurst Bicycle Club Holiday Party on December 11, 2014 at The Snuggery Sports Pub and Eatery in Elmhurst, Nancy Wagner, Suburban Outreach Manager of Active Transportation Alliance and Ed Barsotti, Executive Director of the League of Illinois Bicyclists accepted representative checks from Bob Hoel, EBC Advocacy Chair. Also in the photo with Ed Barsotti is Betty Bond, one of many EBC Ride Leaders who provide safe routes and fun destinations for our riders throughout the year.

Active Transportation Alliance's mission is to make bicycling, walking and public transit so safe, convenient and fun that we will achieve a significant shift from environmentally harmful, sedentary travel to clean, active travel. ATA advocates for transportation that encourages and promotes safety, physical activity, health, recreation, social interaction, equity, environmental stewardship and resource conservation.

The League of Illinois Bicyclists is the statewide advocate for all Illinois bicyclists, promoting bicycle access, education, and safety. One of their long term goals is to establish and maintain relationships with state legislators, the Governor's office, Illinois courts, IDOT, IDNR and other state, local and regional agencies, and private statewide organizations, promoting the League of Illinois Bicyclists by acting as the lead bicycling advocacy organization for statewide issues.

Elmhurst Bicycle Club members have benefited greatly from the work of ATA and LIB and are proud to make these contributions for the continued success of both of these organizations."

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### New Ride Schedule By Chuck Dean

Something old, something new, ...

Sort of familiar, but with new twists.

A newly formatted ride schedule with several desirable new features was rolled out to the club during December.



Begin Date: 12/29/2014

End Date: 2/2/2015

Apply Date Range



Schedule A Ride

Start Locations

Print Ride Schedule

Bike Ride	
Mountain Bike Ride	
Hike	
Cross Country Ski	
Snow Shoe	
Club Meeting	
Other	

The time of the event shown in the schedule below is the actual departure time. Please allow time for bicycle assembly and inspection, filling of water bottles, inflating tires, etc. prior to departure. The advertised pace will be at the discretion of the ride leader to allow for resistance to the wind and terrain. The pace is considered to be the maximum speed attained on a level road without appreciable headwind or tailwind. Please select the ride that best fits your ability. Know for yourself whether you are comfortable to sustain the pace and finish the advertised distance.

Where there is not a miles per hour to describe the pace of a ride, please use the following as a guide:  
8-10 = very slow \* 10-12 = slow \* 12-14 = moderate \* 14-16 = medium \* 16-18 = fast \* 18-20+ = very fast

Date	Times	Distance	Start	Leader	Description
Monday 12/29/2014	8AM	6 miles or 11 Miles 3 MPH	Atten Park Wheaton	Ken Hickey 630-290-0006	<b>Monday Mystery Hike w/Ken</b> See list server
Monday 12/29/2014	9:00AM	varies	ABR skiing Ironwood MI	Bill Schwartz 708-334-6250	<b>Ironwood MI Skiing</b> Come to Ironwood MI to ski cross country with us. We will spend three days skiing the great snow in the UPI Just call the Indianhead Motel in Ironwood MI and make your reservations. You can bring your ... (click arrow to see more)
Tuesday 12/30/2014	9:00AM	varies	ABR skiing Ironwood MI	Bill Schwartz 708-334-6250	<b>Ironwood MI Skiing</b> Come to Ironwood MI to ski cross country with us. We will spend three days skiing the great snow in the UPI Just call the Indianhead Motel in Ironwood MI and make your reservations. You can bring your ... (click arrow to see more)

In many respects, the ride schedule has a familiar look to it. Most of the columns and column headings are unchanged. But the color-coded tags at the right hand margin (used to identify activity type - ride, hike, etc.) certainly represent something new. As important as these visible new features may be, some invisible features are as important. An error-tracking log has been implemented to allow the Ride Captain and web team to identify when and why certain errors occur. While the club had long enjoyed reasonable stability with the original ride schedule, there were occasional outages and errors that did crop up. Over the 1st quarter of 2015, we should have a much better understanding of their sources if we continue to experience any adverse conditions. But throughout December, we have already been able to tell that certain changes coupled with the new SQL database seem to be having the desired effect of a more stable, error-free ride schedule.

EBCers can expect to see some other beneficial changes during the 1st quarter of 2015, but let's enjoy the positive changes already implemented. And we should issue a special thanks to EBCer Jeff Gandy for his fine developmental work to date. Thanks should also go out to Cindy and Sharon (as the web team) for the important roles they play in controlling, testing, and implementing these changes. Finally, one more time, thanks to Steve Josephs who coded and implemented the original ride schedule so many years ago which was the boon that it proved to be; it passed the test of time.

## 2015 Memorial Day Weekend in Madison

Dear Fellow Riders,

Memorial Day Weekend in Madison is moving to Madison this year. We will be staying at the Campus Inn. <http://www.thecampusinn.com/> -- one block from the Union Terrace. See photo at right. Enough said. That is where our evenings will be spent. A multitude of tap beer options. Friday night free concert. See last photo.

The weekend will last from Friday to Monday, ending early on Monday. (May 22 - 25) The other photos are from some of our favorite stops last year, which will be back by popular demand: Lazy Jane's Café for breakfast once or twice, Liliana's in Fitchburg for a New Orleans themed bottomless mimosa brunch (the only mimosa ride offered by EBC to-date), Cooper's Tavern on the Square, Café Zoma - a coffee shop on the Capital City Trail.



There will also be frequent stops for the world famous Badger ice cream.



So, beer, coffee, champagne cocktails, yummy food, ice cream, music, lakefront, more lakefront, bike trails, the arboretum, sunsets. ahhhh.

Details on the rides will be provided and posted later. This year I'm mulling over a ride to the New Glarus Brewing Company, via the Badger State Trail, a paid trail (\$4 for the day).

The Campus Inn is currently undergoing renovations, both physical and virtual. As such, you must call in your reservations for now. I have a block of rooms set aside for us - The Elmhurst Bicycle Club. They will hold them until April 22nd.

Details on the hotel: Prices: \$159 a room, \$10 each additional person (i.e., if you get a room with 2 double beds for 2 people, it's \$169 for the room). Rooms with both 2 double beds and single beds have been set aside. Free parking: NOTE - one free parking spot per room; so maybe you want to rideshare with your roommate. I'm looking into the rates/options for additional parking if needed. Madison has 14.5% city and state taxes added to room charges. Toll free number: 800-589-6285.

Marion Morawicz





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### Morton Arboretum - A "Cool" Day by Dawn Piech

The invitation was out there. I posed a challenge to see how many ladies we could get out to ride today (Sunday, December 14th) at the "Just Say No to UR Indoor Trainer" winter cycling series at the Morton Arboretum. We had an amazing turnout today of 32 riders with 2 guests and 14 ROCKIN' EBC ladies who answered back with a loud "Oh yes we will!" 47% of the ride was made up of women. Thank you to everyone who came out today.

Attached are pictures. NOTE: not everyone in attendance is included in the group shot.

I hope you would consider coming out this winter to give us a try.



Quite a turnout for a cold Sunday in December!



The Ladies of EBC Rock!

## Lincoln Park Zoo Lights Ride

Photos courtesy of Tom Preston



Festivities in Light!

Vic Sholis promoted and led a fun bike ride in early December. Here is the Ride Schedule announcement that he posted before the ride:

"The soon-to-be-famous First Annual ZooLights Ride will travel at a relaxed, social pace from Lincoln Park through Roscoe Village and Lincoln Square to the lovely North Shore Channel Trail. We'll ride the entire length of the trail into Evanston, returning South into Chicago to enter the North end of the Lakefront Path. We'll then make a stop to visit the beautiful Holiday Flower Show at the Lincoln Park Conservatory. But the real highlight of the day will be a visit to the

Lincoln Park Zoo after dark for its utterly spectacular ZooLights festival! Afterwards, all are invited to join us for after-ride food, drink, and fun at Fiesta Mexicana, 2423 N. Lincoln. The attractions are free. Bring helmets, lights, locks, and money for food and drink."

Jerome Hughes was mentioned as "honorary Asst. Ride Leader," but importantly, he also captained Rudy on the tandem. Tom Preston and Ginny were also out; was there another tandem? The pictures suggest they all enjoyed the good time promised by Vic. The club hopes that there will be a "2nd Annual" on the Future Ride Schedule.



A Frosty Day, Lakeside. EBCers launch!



I think I see a Margarita on that table somewhere.

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### Frank Amorosi - Live at Park West by Susan Sperl

On Saturday night, December 20th, 8 EBCers enjoyed music by Frank Amorosi. Frank is a long time EBCer who rode with the fast group and was a great Ride Leader. Although biking is his passion (he still sneaks out to ride with Bill Coates upon occasion), music is his life. Frank has met and played with many greats. You cannot tell that he is 84 when he plays!

After his Granddaughter joined him with her flute, we had Christmas caroling sing-alongs.

It was wonderful!

Thank you, Frank

We love you!



## Meeting Minutes - No Meetings December 2014

Please submit articles and/or photos for the newsletter to Chuck Dean (cdean69033\_aol.com). The deadline is the 20th of the month.

### Elmhurst Bicycle Club Officers and Committee Chairs

<b>President</b> Tom Preston, 630.852.8836 president_elmhurstbicycling.org	<b>Advocacy</b> Bob Hoel bob.hoel_comcast.net	<b>Refreshments</b> Marge Ricke, 630.616.8481 margericke_gmail.com
<b>Vice President/Ride Captain</b> Ken Hickey, 630.290.0006 ridecaptain_elmhurstbicycling.org	<b>Publicity</b> Bill Bonner, 630.297.9773 bill@bonnerimpr.com	<b>Safety</b> Baltimore Ortega, 312.697.7031 baltimore.ortega_gmail.com
<b>Treasurer</b> Judy Mikesell, 630.833.1036 treasurer_elmhurstbicycling.org	<b>Programs</b> Ray Dal Lago, 630.543.4655 dlag10_aol.com	<b>Sergeant-at-Arms</b> Sue Hickey, 630.627.4518 sue_kensvideo.com
<b>Secretary</b> Kim Messina, 630.204.8945 secretary_elmhurstbicycling.org	<b>Database Manager</b> Peter Gough, 630.903.8436 prgough98_aol.com	<b>Assistant Ride Captain</b> Nancy Rice, 630.717.9923 hotline_elmhurstbicycling.org
<b>Membership Coordinator</b> Jeff Gunty, 847.258.7275 membership_elmhurstbicycling.org	<b>Website Team</b> Cindy Reedy, 630.234.1349 cmreedy_prodigy.net Sharon Hermach, 630.717.1660 ganskesh_hotmail.com	<b>Mountain Bike Coordinator</b> George Pastorino, 708.903.8700 gpastorino_gmail.net
<b>Newsletter Editor</b> Chuck Dean, 630.790.4203 newsletter_elmhurstbicycling.org		<b>List Server</b> Cian Perez, 847.722.7110 cian.perez_gmail.com
		<b>Human Interest Person</b> Betty Bond, 630.932.0271 betzbond_sbcbglobal.net

Interested in joining EBC? [Membership Application](http://www.elmhurstbicycling.org/about/membership.asp)  
(<http://www.elmhurstbicycling.org/about/membership.asp>)

# January, 2015 • • • Club Rides

'Ride Schedule.' The most current ride schedule can be found on our website at <http://www.elmhurstbicycling.org/rides/currentRide.aspx>.

'Future Rides' (typically out 30 or more days, if any exist) can be found on our website at <http://www.elmhurstbicycling.org/rides/futureRide.aspx>.

The 'Ride Schedule Archive' can be found on our website at <http://www.elmhurstbicycling.org/events/archive.asp>.

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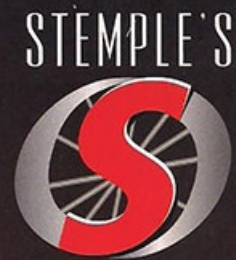
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