

# The Cue Sheet

August 2012

The Newsletter of the Elmhurst Bicycle Club Riding Strong for over 34 Years



Elmhurst Bicycle Club is the League of American Bicyclists' 2009 Bicycle Club of the Year for Region 4.

## **EBC Picnic**

Saturday, August 18, 2012

10:00 A.M. till 4:00 P.M. (lunch at noon)

Salt Creek Park, Elmhurst



<u>Salt Creek Park</u> is located off of Route 83 just south of North Avenue. There is an entrance to the park from Rte. 83 if you are driving north.

If you are coming from the East, West, or North you will need to turn East on North Ave and then South on West Ave (the first light east of Route 83) then proceed to Second St. and turn West till you get to the Park.

We hope to begin eating at 12:00 noon. The club will provide fried chicken, beef, potato salad and cole slaw. Drinks will be iced tea, lemonade, and water. Alcohol is not permitted in Park District facilities. If you like, you can bring any side dish, fruit, or dessert to share with others.

You can bring lawn chairs if you wish to sit outside the shelter. Afternoon entertainment will be a bean bag contest and conversation under a shade tree. If you have a bean bag game we could use please let me know and bring it with you. If you have one we could use and are riding to the picnic let me know and I will arrange to have it picked up. Members can bring one other person to the picnic.

# RSVP by August 13th

To ensure that everyone will have a good time and that there is enough food, we must know if you plan on attending and how many. You may RSVP either by phone or e-mail. Please contact: J

many. You may RSVP either by phone or e-mail. Please contact: Joanne DeZur at 630/833-7688 or cyclejoey@gmail.com.

I WILL NEED SOME VOLUNTEERS TO HELP WITH SET-UP AND TAKE DOWN, also to run the contest and one man to help fill the drink containers ............PLEASE BE ONE OF THEM.

# Take A Look At This Cutie! by Betty Bond

Approval by the EBC board was received in June to adopt and paint a fire hydrant in the village of Villa Park. The cost for all this fun was only \$35. We felt that it would be very good advertisement for our club.

Our little gal is on the southeast corner of Myrtle and Park and can be readily seen from the Prairie Path by all bikers. She is just south of where we start bike rides from the Villa Park depot.

Cindy Reedy was able to choose the location of the hydrant and Betty Bond has volunteered to brush and prime her. This much is completed. Dave Reedy, Kathy Wagner-Selbach, and Betty Bond are in charge of painting her and right now we are waiting for the village to advise us as to when we can pick up the paint. The village furnishes it free of charge. We thought we would paint her to look just like our most recent EBC jerseys....swirls with the Banana Man logo going around the bottom. If you would like to lend a hand with the painting please contact Betty. Also, we sure would like to have a name for her...Got any suggestions??



Future Bananaman look-alike! At corner of Myrtle and Park near Villa Park depot.

Come on by and take a look at this cutie.

**Betty Bond** 

## Outreach Recognition By Carole Danillo

In an effort to take advantage of opportunities for community outreach and to show Club pride, Bob Hoel, Advocacy Chair, hosted our usual EBC informational table at the Elmhurst Farmer's Market on July 25. Others who worked that day were Joanne DeZur, Cindy Reedy, Nancy Allured (pictured) and Carole Danillo. We ran 2 shifts, 6:45 - 10 am and 10 am - 1 pm. Additional members who have donated their time to this event in the past are Sharon Hermach, Chuck Dean and Cheri O'Riordan. The next Market Day will be on August 15.



Bob and Nancy

That same evening, we were asked to host our table at the weekly Elmhurst "Cars under the Stars" event. This was very much like the routine of meeting and greeting people as the Market but we had the opportunity to go further and talk about how environmentally sustainable biking is. Folks who volunteered for this event were Susan Sperl, Keith Garland, Betty Bond, Elizabeth Collins, Kathy Wagner-Selbach, Kim Messina, and Joanne Nicholson.

It's nice to know that people are hearing our message. We are starting to be asked to attend events, which is very encouraging. Please consider donating some of your time when the call goes out for volunteers.

#### by Chuck Dean

OK. This is just a simple note to recommend that you exercise caution when riding on cracked pavement. More on this below ...

And here is the attention-getter to grab your interest! Until I looked them up on Google, I did not even know what they were called. But when I have been riding on Modaff Avenue in Naperville, the cracks in the road reminded me of those QR codes you see in magazines and advertising flyers. You've seen them, haven't you? Wikipedia says, QR Code (abbreviated from Quick Response Code) is the trademark for a type of matrix barcode.





QR code; you could tell the difference, right?

Pavement Cracks on Modaff!

Given the hot, tar-melting temperatures of the last month, you might have found your bike skidding to the left or right as a bicycle wheel encounters one of those cracks that are patched with a tar strip. I've had this happen, usually to the rear wheel, on Green Trail Drive near College Avenue more than once. As the rear wheel begins to encounter the crack, it leaves the hard surface of the road and begins to slide sideways into the valley of the crack that is covered with soft melting tar. The momentary surprise usually ends as quickly as it begins because your wheel tracks straight ahead (after the initial skid) while the crack itself meanders to the right or left. If there is a correct response to such a surprise, I would say that you should avoid quick turns with the handlebars. Just keep your handlebars (and track) pointed straight ahead and you'll probably emerge ok.

In a similar vein, Kathy Wagner-Selbach offered a comparable caution at a recent Club meeting about the heat-induced cracks that are starting to appear in the limestone of the Prairie Path and Great Western Trail. So ... let's be cautious out there.

# EBC Via a Smart Phone by Chuck Dean and Jerome Hughes



A couple of months ago, Art Frigo was enthused about a Texas Tech icon that he recently added to his "smart phone." He was looking for a similar kind of icon that would provide access to the EBC environs. (Can you say Bananaman?) More recently, Susan Sperl heard that Sharon Hermach had done some work to enable a larger icon to appear on a smart phone. Sharon told the members about this functionality at July club meeting. In response to a Google Group request for the "how to" steps, Jerome Hughes offered the

#### following:

step 1: in your smartphone browser, navigate to whatever EBC page you'd like to show up first (someone suggested member miles, others may want the ride schedule, etc.)

step 2: tap the icon used to save a bookmark (in iPhone Safari it looks like a square with an arrow pointing out to the top right of the square)

step 3: in the resulting menu, tap Add to Home Screen

step 4: if desired, adjust the title that the "shortcut" icon will have

step 5: tap the "Add" button

step 6: view the "shortcut" icon and optionally move it to a more prioritized location

step 7: tap the icon to open the page in the browser

btw, it's not really an app, but a way to add a "shortcut" icon for whatever web page you desire to view when that icon is tapped - if the site has a good image available, it will make use of that image for the icon.

Thanks Jerome!

# Meeting Minutes July

#### **Board Minutes** July 12, 2012

Present: Chuck Dean, Cheri O?Riordan, John Stanaway, Lew Worthem, Cindy Reedy, Sharon Hermach, Bob Hoel

- 1. **President:** The Board Meeting was called to order at 6:15 p.m. at the Community Bank of Elmhurst.
  - The President acknowledged his concern for safety for all club members and guests, especially in light of three members? recent bicycle accidents.
  - The President requested the purchase of new gift certificates from our sponsors. The President and Secretary volunteered to purchase them.
- 2. **Secretary:** The June 14, 2012 Board Meeting Minutes were approved. The Board Meeting Minutes can be viewed on the EBC website in the newsletter.
- 3. **Treasurer:** The Treasurer presented the Monthly Banking Summary (06/14/2012 through 07/12/2012). The listed income was \$409.79; expenses were \$155.83. At present, the balance in the treasury is \$14,568.21 with \$857.65 set aside for jersey credits. The Treasurer?s report was accepted.
- 4. VP/Ride Captain: No report. She is riding on Summer Tour in Michigan.
- 5. **Newsletter Editor:** No report.
- 6. **Membership Coordinator:** There are presently 470 members: 227 individuals and 111 families with 18 new members joining this past month. The membership will vote on the revisions to the Constitution and Bylaws at tonight?s General Club Meeting. The new approved revisions will be included in the 2013 Membership Directory & Handbook. With this vote, a new committee, Awards and Apparel, will be approved and will need a chairperson.

#### 7. Old Business:

- Betty Bond and Susan Sperl have acquired a new sponsor: Sammy?s Bikes in St. Charles, IL.
- All guest riders must sign the ride sheet waiver before riding; otherwise they should not be allowed to ride on a club ride. This requirement is for safety as well as for legal purposes.

#### 8. New Business:

• The President mentioned that at last

#### **EBC General Meeting Minutes** July 12, 2012

Present: Chuck Dean, Cheri O?Riordan, John Stanaway, Lew Worthem

New Members: 1 Armaline Mirretti Guests: 1

- 1. **President:** The President called the meeting to order at 7:15 p.m. at the Community Bank of Elmhurst.
  - The President expressed his appreciation to the Membership Coordinator for his time and efforts in leading the committee in the revision of the club?s Constitution and By-laws. He also thanked the membership for attending tonight?s meeting indicating that there was a quorum of 41 members for the vote.
  - The President indicated his concern for the safety of club members and guest riders especially in light of the three most recent bicycle accidents that happened this week. He requested that we pay close attention since accidents happen quickly. He mentioned that the Board is considering a possible safety program.
  - The President read a letter from a MTB rider who expressed her gratitude for the efforts George Pastorino and Chuck Gentile provided in fixing her two flat tires on an MBT trail in Wisconsin.
  - The President acknowledged his appreciation to Sharon Hermach and Cindy Reedy for the many hours they put into the club?s website.
- 2. **Secretary:** The minutes of the June 14, 2012 General Club Meeting were read and approved. (Full reports are on the EBC website in the newsletter).
- 3. **Treasurer:** The Treasurer presented the Monthly Banking Summary (06/14/2012 through 07/12/2012 listed income of \$409.79. Expenses were \$155.83. At present, the balance in the treasury is \$14,568.21 with \$857.65 set aside for jersey credits. The Treasurer will email the monthly Banking Summary Reports to the membership each month.
- 4. **VP/Ride Captain:** No report. She is riding on Summer Tour in Michigan with other EBC members.
- 5. **Membership Coordinator:** There are presently 470 members: 227

month?s presentation of the proposed changes to the Constitution and Bylaws, a member suggested adding the wearing of eyewear under the *Rider* Responsibilities section. The Board discussed what the wording should be. After being unable to reach a mutual decision. Bob Hoel offered to research what the League of American Bicyclists (LAB) recommends for safety equipment. It was also suggested that the LAB receive credit for the Rider Responsibilities section in the 2013 Membership Directory & Handbook. • Bob Hoel presented the idea for the club to support a hands-on bicycle safety course by a League Certified Instructor (LCI). Bob will further investigate the cost, time, etc with the LAB. The President will contact the club?s Safety chairperson for his thoughts.

9. The next Board Meeting will be held on Thursday, August 9, 2012 at 6:15 p.m. at the Community Bank of Elmhurst.

Respectfully submitted,

Cheri O?Riordan Club Secretary

- individuals and 111 families with 18 new members this past month. The 2012 Membership Directory & Handbook is for sale at \$2.50. The Membership Coordinator thanked everyone for attending tonight?s meeting to cast their vote even though there was not a scheduled program.
- 6. Mountain Bike Coordinator: The MTB Coordinator reiterated that MT bikers have to give the right of way to hikers and equestrians. With equestrians, say ?hello? quietly, ask if you may pass?.do not say, ?On your left?. The Brown County MTB trip, July 21-22, 2012 is for confident, intermediate riders with strong fitness as well as for advanced riders. Details are on the list server. The Pool Party/BBQ/MTB ride is held on the last Saturday in July and August. Easy single track ride will be led by Chuck Gentile with Pussanee Pastorino as sweep. The intermediate ride will be led by the MTB Coordinator. There were two trips to the Kettle Moraine area in Wisconsin and there will be more. These trips are for confident and strong intermediate riders as well as for advanced riders. Completing the 32 miles is difficult and challenging.
- 7. **Advocacy:** (Please refer to the EBC website?s *Advocacy* link or to Bob Hoel for further information).

  Volunteers are needed for these events:
  - 4th Wednesday of the month (note change in week), July 25, Elmhurst Farmer?s Market from 7:00am-1:00pm (in 3 hour shifts).
  - July 25, Elmhurst City Centre initiative called *Cool Cars Under the Stars* is promoting ecological means of transportation from 6:00pm-8:30pm. EBC will be part of the *Cool Cities* display, a Sierra Club initiative on sustainability. EBC will be handing out general information on bicycling.
  - Although the new transportation bill lost funding for biking and walking infrastructure projects, construction progress continues on the new bridge project in Lombard for the Great Western Trail (St. Charles Road and Grace St.).
  - There is a short-cut path not far from a railroad crossing near the IPP (Prairie Path Lane at Pioneer Park) that needs a fence to deter people from crossing the railroad tracks at an unguarded location and placing themselves in a dangerous situation vs. using the guarded crossing along the IPP a few yards away. The question is who will pay for it.

#### 8. Other:

• August 19, 2012: EBC Picnic. Further

details to follow.

- Susan Sperl announced that there is a new sponsor: Sammy?s Bikes in St. Charles, IL and a renewal by The Bike Rack, also in St. Charles. These donations of \$250 each are for July 2012-2013. Susan requested that we show our support to all of our sponsors through purchases and stopping by on rides.
- Safety: Jim Gross relayed his accident experience earlier this year by drafting too close. Kathy Wagner-Selbach stated that the IPP and some paved trails are very dangerous with large cracks, holes and debris due to the weather.
- Sharon Hermach showed how the club?s *Bananaman?s* icon is on her cell phone. Art Frigo described how to apply the icon.
- Cindy Reedy stated that she will continue with her 3-loop easy ride this coming Sunday.
- August 15-17, 2012: Rich Diebold and Jerry Ringier will be leading self-contained rides to Twin Lakes, WI. There will be camping for two nights. Please contact them for further information.
- February 23, 2012-March 3, 2013: George Hermach described a cross country ski trip to Fraser, CO that he has planned out. The ski-in ski-out Devil?s Thumb Lodge offers 125+ km of nordic trails, snow shoeing and shuttle to Winter Park for alpine skiing. Amtrak can be taken out there and lodge personnel will pick up guests from the train station. George will provide further information on the list server next week. This trip to Colorado is in addition to EBC?s annual cross country ski trip to the UP the first week of February.
- 9. **Refreshments:** Thank you to Joanne Nicholson for providing the tasty refreshments.
- 10. **Program:** The President asked for a motion, ?All in favor of approving the changes to the club?s Constitution and By-laws raise your hands?. The vote passed without opposition. This vote approved the formation of a new committee, *Awards and Apparel*, which will need a chairperson or cochairpersons. If interested, please contact the President.
- 11. The next EBC General Club Meeting will be held on Thursday, August 9, 2012 at 7:15 p.m. at the Community Bank of Elmhurst.

Respectfully submitted,

Cheri O?Riordan Club Secretary Please submit articles and/or photos for the newsletter to Chuck Dean (cdean69033 aol.com). The deadline is the 20th of the month.

#### **Elmhurst Bicycle Club Officers and Committee Chairs**

#### President

Chuck Dean, 630.790.4203 president elmhurstbicycling.org

## Vice President/Ride Captain

Gerry Fekete, 708.352.0913 ridecaptain elmhurstbicycling.org

#### Treasurer

John Stanaway, 630.653.3427 treasurer elmhurstbicycling.org

#### Secretary

Cheri O'Riordan, 630.325.3917 secretary\_elmhurstbicycling.org

#### Membership Coordinator

Lew Worthem, 630.835.7270 membership\_elmhurstbicycling.org

#### Newsletter Editor

Chuck Dean, 630.790.4203 newsletter elmhurstbicycling.org

#### Advocacy Bob Hoel

bob.hoel comcast.net

#### Publicity

Volunteer Needed

#### **Programs**

Ray Dal Lago, 630.543.4655 dlag10 aol.com

#### Database Manager

Nancy Shack, 630.964.3862 nshack comcast.net

#### Website Team

Cindy Reedy, 630.234.1349 cmreedy\_prodigy.net Sharon Hermach, 630.717.1660 ganskesh hotmail.com

#### Refreshments

Connie Karras, 219.577.6996 ckarras purduecal.edu

#### Safety

Larry Gitchell, 708.409.0105 larsofmars aol.com

#### Sergeant-at-Arms

Jim Gross jgross144 sbcglobal.net

#### Assistant Ride Captain

Nancy Rice, 630.717.9923 hotline elmhurstbicycling.org

#### Mountain Bike Coordinator

George Pastorino, 708.903.8700 gpastorino comcast.net

#### List Server

Lew Worthem, 630.835.7270 lew worthem.com

Interested in joining EBC? <u>Membership Application</u> (http://www.elmhurstbicycling.org/about/membership.asp)

# August, 2012 • • • Club Rides

'Ride Schedule.' The most current ride schedule can be found on our website at <a href="http://www.elmhurstbicycling.org/rides/currentRide.aspx">http://www.elmhurstbicycling.org/rides/currentRide.aspx</a>.

'Future Rides' (typically beyond the end of next month, if any exist) can be found on our website at <a href="http://www.elmhurstbicycling.org/rides/futureRide.aspx">http://www.elmhurstbicycling.org/rides/futureRide.aspx</a>.

The 'Ride Schedule Archive' can be found on our website at <a href="http://www.elmhurstbicycling.org/events/archive.asp">http://www.elmhurstbicycling.org/events/archive.asp</a>.

### Please Support Our EBC Sponsors







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