

# Elmhurst Bicycle Club Ride Sheet

Ride Leader: \_\_\_\_\_ Date: \_\_\_\_\_ Miles: \_\_\_\_\_

Ride Name: \_\_\_\_\_

## Elmhurst Bicycle Club Release and Liability Waiver

For liability protection and insurance purposes, it is the policy of the Elmhurst Bicycle Club ("EBC") to require all of its members to sign the Release and Liability Waiver which is a part of the EBC Membership Application. Guests of the EBC (which term includes all non-members of EBC) who wish to participate in any EBC bicycle ride **must** sign the equivalent release and liability waiver contained on the EBC Ride Sheet before the ride starts. Any guest refusing to sign the release and liability waiver may **not** participate in the ride. Should the ride continue, however, with the participation of the non-signing guest, the ride will no longer be considered to be an EBC sponsored or sanctioned ride.

Members: PRINT Your Name and ICE Number Below    Guests: COMPLETE your information on the reverse side.  
Please provide a phone number to call in case of an emergency (ICE#) or confirm that you are wearing a RoadID.

### RIDERS MUST WEAR HELMETS ON EVERY RIDE.

- Riders should ride no more than 2 abreast except as traffic and road conditions permit.
- Illinois Vehicle Code prohibits the use of headphones while bicycling. Therefore, wearing either headphones or ear-buds is not permitted on EBC rides.

	Name	ICE# or Road ID <b>Yes</b>		Name	ICE# or Road ID <b>Yes</b>
1			13		
2			14		
3			15		
4			16		
5			17		
6			18		
7			19		
8			20		
9			21		
10			22		
11			23		
12			24		

**Ride Leader:** Mail Completed Ride Sheet within **30 days** of the event to:

The EBC Database Manager,  
Nancy Shack, 837 Clyde Avenue, Downers Grove, IL 60516

**Note:** Only one (1) Ride Sheet per event date.

**Guests: Read, complete, and sign the “Release and Waiver”.**

**THE FOLLOWING IS A RELEASE AND WAIVES YOUR RIGHTS IN THE EVENT OF YOUR INJURY AND/OR DEATH.**

By participating on this Elmhurst Bicycle Club Ride, including, if applicable, transportation to and from same, I do hereby for myself, my heirs, executors, and administrators, **RELEASE, WAIVE, & FOREVER DISCHARGE**, the Elmhurst Bicycle Club, it's officers, and members from any and all claims, demands, actions, or liabilities on account of any injury to me which may occur from any cause whatever, including negligence, on the part of anyone released hereunder, during my participation in or transportation to or from this ride. **I ACKNOWLEDGE THAT I AM AWARE OF THE RISKS AND HAZARDS INHERENT UPON ENGAGING IN THIS ACTIVITY AND DO SO ENTIRELY UPON MY OWN INITIATIVE, RISK, AND RESPONSIBILITY. I FURTHER UNDERSTAND THAT THE CLUB DEPENDS ON ITS MEMBERS TO HELP IT PROVIDE AND LEAD CLUB ACTIVITIES AND THAT THOSE MEMBERS ARE RELYING ON THE PROTECTION AFFORDED HEREUNDER.** I hereby further agree to operate my bicycle in a manner that is safe to me and those around me, to observe all applicable safety regulations, and to conduct myself in a manner that will be complimentary to the sport of bicycling. **I FURTHER ACKNOWLEDGE THAT I HAVE READ THE FORGOING RELEASE AND WAIVER, UNDERSTAND IT, INCLUDING THAT IT IS INTENDED TO COVER OCCURENCES WHICH MAY NOT YET HAVE OCCURRED, AND WHICH ARE UNKNOWN TO ME, AND NOTWITHSTANDING THE FOREGOING I SIGN IT VOLUNTARILY WITH THE FULL INTENT THAT IT IS FOREVER ENFORCEABLE.**

**RIDERS MUST WEAR HELMETS ON EVERY RIDE.**

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- Illinois Vehicle Code prohibits the use of headphones while bicycling. Therefore, wearing either headphones or ear-buds is not permitted on **EBC** rides.

Print Guest Name Signature Below	Address	Home Phone (H) Cell Phone (C)	Email	Emergency Contact Name	(ICE) Phone Number

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