

# Elmhurst Bicycle Club Ride Sheet

Ride Leader: \_\_\_\_\_ Date: \_\_\_\_\_ Miles: \_\_\_\_\_

Ride Name: \_\_\_\_\_

## Elmhurst Bicycle Club Release and Liability Waiver

For liability protection and insurance purposes, it is the policy of the Elmhurst Bicycle Club ("EBC") to require all of its members to sign the Release and Liability Waiver which is a part of the EBC Membership Application. Guests of the EBC (which term includes all non-members of EBC) who wish to participate in any EBC bicycle ride **must** sign the equivalent release and liability waiver contained on the EBC Ride Sheet before the ride starts. Any guest refusing to sign the release and liability waiver may **not** participate in the ride. Should the ride continue, however, with the participation of the non-signing guest, the ride will no longer be considered to be an EBC sponsored or sanctioned ride.

Members: PRINT Your Name and ICE Number Below    Guests: COMPLETE your information on the reverse side.  
Please provide a phone number to call in case of an emergency (ICE#) or confirm that you are wearing a RoadID.

### RIDERS MUST WEAR HELMETS ON EVERY RIDE.

- Riders should ride no more than 2 abreast except as traffic and road conditions permit.
- Illinois Vehicle Code prohibits the use of headphones while bicycling. Therefore, wearing either headphones or ear-buds is not permitted on EBC rides.

	Name	ICE# or Road ID <b>Yes</b>		Name	ICE# or Road ID <b>Yes</b>
1			13		
2			14		
3			15		
4			16		
5			17		
6			18		
7			19		
8			20		
9			21		
10			22		
11			23		
12			24		

**Ride Leader:** Mail Completed Ride Sheet within **30 days** of the event to:

The EBC Database Manager,  
Nancy Shack, 837 Clyde Avenue, Downers Grove, IL 60516

**Note:** Only one (1) Ride Sheet per event date.