

METRO METRIC XXVII ENTRY FORM

Online registration is available at www.Active.com

Print out additional entry forms from our web site: www.elmhurstbicycling.org

Last Name _____ First Name _____
 Address _____
 City _____ State _____ Zip Code _____
 Telephone Number _____ E-mail address _____
 Emergency Name and telephone number _____

PRE-REGISTRATION Postmarked by July 14th -- \$15.00 (age 13 and older) \$5.00 (age 12 and under)

SHIRT Pre-Register Before July 14th - \$10.00 Circle One: Tee Shirt Tank Size (S M L XL XXL)
 (XXL Tee and Tank \$1.00 Extra)

Release of Organizers and Sponsors

In signing this form for myself or the named participant (under age 18), I understand and agree to absolve all of the sponsors and organizers, be they individuals or organizations, singly or collectively, of all blame for injury, misadventure, harm, loss or inconvenience suffered as a result of taking part in the Metro Metric Ride 2007 or in any activity associated with said event, and in addition, I agree to follow all applicable traffic laws.

Signature _____
 (REQUIRED FOR EACH RIDER)

Additional Riders with the same mailing address:

(Riders aged 12 or younger must be accompanied by an adult throughout the ride.)

Name	Age	Signature (parent/guardian if under 18)	Shirt and Size
_____	_____	_____	Tee or Tank S, M, L,XL, XXL
_____	_____	_____	Tee or Tank S, M, L, XL,XXL
_____	_____	_____	Tee or Tank S, M, L, XL,XXL

Riders aged 13 and older	_____	@ \$15.00=	_____
Riders aged 12 and under	_____	@ \$ 5.00 =	_____
Shirts, Tee or Tank	_____	@ \$10.00=	_____
XXL Shirts	_____	@ \$11.00=	_____
Totals:	_____	\$	_____

Registration after July 14th is \$20.00 and \$5.00 (under 12)
Limited amount of shirts available day of ride at \$12.00 each

Make Checks payable to:
Elmhurst Bicycle Club

Mail entry form to:
 Elmhurst Bicycle Club
 P.O. Box 902
 Elmhurst, IL 60126-0902

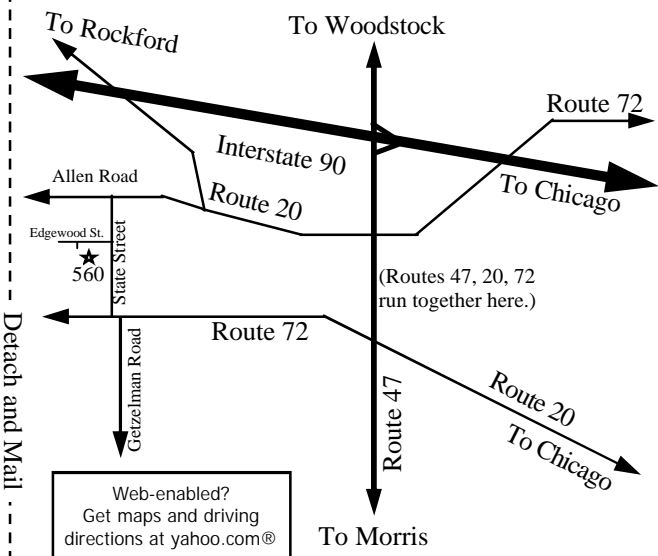
Metro Metric Ride Notes

1. **Obey all traffic laws.**
2. **Helmets are strongly recommended.**
3. Make certain your bike is in working order.
4. Registration opens at 6:00 AM at Hampshire High School. 100 Mile Riders must be on the road by 9:00 AM. Registration closes at 10:30 AM . The course closes at 4:00 PM.
5. Finish line festivities from 11:00 AM to 3:00 PM, including a Corn Roast, Music, and our ever popular massages (for a slight fee) by TeamWorks.
6. Registration fees are not refundable.

Proceeds from this famous ride help to maintain the spectacular Illinois bike trails. Elmhurst Bicycle Club maintains a tradition of helping advocacy groups and preservation organizations that promote the use of bicycles and the safety of all bicycle activities. Some past recipients include the Illinois Prairie Path, Chicagoland Bicycle Federation, League of Illinois Bicyclists, Yorkville Police D.A.R.E. Program, and the Leko-tek Handicap Toyland program, to name just a few. Also, any food not used at the rest stops is donated to a food pantry in the ride area.

Directions to Starting Point

Metro Metric begins from Hampshire High School, 560 State Street Hampshire, IL 60140. State Street is about 5 miles west of Illinois Route 47 on Illinois Route 72.



Detach and Mail

Detach and Mail



**EBC Presents
Metro
Metric
XXVII**

Come join the greatest bicyclists to ever ride the highways and byways of Kane County!! Follow our famous yellow route markers along the road. For your cycling enjoyment and pleasure, Elmhurst Bicycle Club presents a no-pressure self-paced, non-competitive day of riding. It is a fully supported bicycle tour with sag-wagon aid, cue sheets, and rest stops featuring our famous delicious homemade cookies, along with other snacks and friendly volunteers. A special treat awaits all riders at the end—from 11:00 AM to 3:00 PM we will have a corn roast to treat your palette. Massages will be available (for a slight fee) from TeamWorks to soothe those well worked muscles.

**Starting from
Hampshire High School, 560 State Street
Hampshire, IL—See map inside.**

The Planned Routes

Our four cycling routes will meander through Kane County on mostly flat paved public roads, after all this is Illinois. The well-marked routes are approximately 30, 50, 62, and 100 miles. Actual routes may vary on ride day. Our cue sheet will allow you to decide the length of your ride—You can do the full 100 miles or do 30 and just hang out with the volunteers. Whatever you do, we're sure you will have a great time on our Metro Metric XXVII.

We support the League of Illinois Bicyclists
www.bikelib.org

Metro Metric XXVII
Elmhurst Bicycle Club
P.O. Box 902
Elmhurst, IL 60126-0902
www.elmhurstbicycling.org

**ELMHURST BICYCLE CLUB
PRESENTS**

Metro Metric XXVII

Sunday July 29, 2007

Take advantage of the lower fee—
Register now to make sure you
don't miss out on any of the fun.

(630) 415-BIKE

www.elmhurstbicycling.org



Beginning and ending at
Hampshire High School
560 State Street
Hampshire, Illinois 60140